'ALOHILANI
RESORT
WAIKĪKĪ BEACH

What's Happening at 'Alohilani

Sunday 01/19	Monday 01/20	Tuesday 01/21	Wednesday 01/22	Thursday 01/23	Friday 01/24	Saturday 01/25
9:00am Island Yoga *@Island Club and Spa (ICS)* **10:30am** Fish Feeding *O Bar* **11:00am** DJ Keala Kennelly *Longboard Club* *($30 per person) See Concierge for purchase* **6:30pm** Dive In Movie **"Disney's Finding Dory"** *Swell Keiki Pool* **7pm-10pm** Video Art Series *Swell Pool & Bar*	**8:30am** Aqua Fitness *Swell Pool* **9:00am** Beginners Hula *O Bar* **10:30am** Fish Feeding *O Bar* **1:00pm** Flower Lei Making *O Bar* **5:00pm** Body Conditioning *ICS* **6:00pm** Sunset Yoga *ICS* **6:00pm** Jeremy Cheng *Swell Pool & Bar* **7pm-10pm** Video Art Series *Swell Pool & Bar*	**8:30am** Aqua Fitness *Swell Pool* **9:00am** Beginners Hula *O Bar* **10:30am** Fish Feeding *O Bar* **1:00pm** Ti Leaf Lei Making *O Bar* **2:30pm** Fish Feeding *O Bar* **6:00pm** Sunset Yoga *ICS* **6:00pm** DJ Jodhi *Swell Pool & Bar* **7pm-10pm** Video Art Series *Swell Pool & Bar*	**8:30am** Aqua Fitness *Swell Pool* **10:30am** Fish Feeding *O Bar* **2:30pm** Fish Feeding *O Bar* **6:00pm** Sunset Yoga *ICS* **6:00pm** Alex Oasay *O Bar* **7pm-10pm** Video Art Series *Swell Pool & Bar*	**8:30am** Aqua Fitness *Swell Pool* **9:00am** Beginners Hula *O Bar* **10:30am** Fish Feeding *O Bar* **10am-1pm** Keiki Face Painting *Swell Keiki Pool* **1:00pm** Flower Lei Making *O Bar* **2:30pm** Fish Feeding *O Bar* **6:00pm** Sunset Yoga *ICS* **6:00pm** Johnny Helm *Swell Pool & Bar* **7pm-10pm** Video Art Series *Swell Pool & Bar*	**8:30am** Aqua Fitness *Swell Pool* **9:00am** Beginners Hula *O Bar* **10:30am** Fish Feeding *O Bar* **1:00pm** Ti Leaf Lei Making *O Bar* **2:30pm** Fish Feeding *O Bar* **5:00pm** Body Conditioning *ICS* **6:00pm** Sunset Yoga *ICS* **6:00pm** DJ Keala Kennelly *Swell Pool & Bar* **6:00pm** Maile Duo *O Bar* **7pm-10pm** Video Art Series *Swell Pool & Bar*	**8:00am** TRX **9:00am** Body Conditioning **10:00am** Zumba *@ICS* **9:00am** Beginners Hula *O Bar* **10:30am** Fish Feeding *O Bar* **11:00am** Queen's Tour *Lobby* **1:00pm** Feather Hair Pick *O Bar* **2:30pm** Fish Feeding *O Bar* **6:00pm** Drew Henmi *O Bar* **7pm-10pm** Video Art Series *Swell Pool & Bar*

Please see the concierge or front desk for additional information

All activities & classes are for registered guests of 'Alohilani Resort

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Activity Descriptions

Queen's Legacy Tour: Learn about the life and legacy of our Beloved Queen Lili'uokalani. Get an in-depth look into Hawaiian history and find out why our hotel pays special homage to Hawai'i's last reigning monarch. *Please inquire with one of our cultural ambassadors to schedule a private tour.*

Beginners Hula: Join us for an introductory class to hula! This is Hawai'i's cultural dance that will connect you to a special part of our Hawaiian culture. You will learn a few basic steps and a song that will teach you a little about Hawai'i! Let's hula!

Ti Leaf Lei Making: Learn the many uses of the Ti Leaf, a common plant grown in abundance throughout Hawai'i that holds a lot of significance in the Hawaiian culture. This class will teach you a traditional braiding style of lei making using only natural materials.

Flower Lei Making: In honor of our Queen Lili'uokalani and her of love of flowers, we offer you the experience to create your very own beautiful flower lei. Whether you make it for yourself or as a gift, come and handcraft a lei using one of the more modern styles of lei making.

Feather Hair Pick Making: One of Hawai'i's most royal regalia was the Hawaiian Featherwork and Hawai'i's unique techniques. In this activity you will be able to experience the detailed thoughts and skills that go into making what was once a symbol of royalty or high nobility.

Fish Feeding: View our in house diver hand feed the marine life in the oceanarium.

Video Art Projection Series: Created by local artist Joseph Pa'ahana, come and enjoy his video artwork highlighting the beautiful landscapes of Hawaii. You can watch the lights light up the surface of our Beachside tower while listening to our local DJs poolside at Swell.

Monkeypod Kids Club (Additional fees apply): Travelling to Oahu with kids? Even our youngest guests can experience new adventures while having fun and making friends. Children ages 5-12 can participate in hands-on, indoor & outdoor activities that. Tours, activities & lunch options are available for an additional fee**.** Hours of Operation: Mon-Sun 9am-4pm, Location: Seascape, 5th Floor.
Email: alohilani@poppins.co.jp Phone: 808.441.4878 (Please call to inquire about fee)

Island Club and Spa located in Seascape Tower on the 3rd floor:
Aqua Fit: Elevate your aloha spirit with our fun and welcoming water exercise class open for all ages, led by a certified yoga/fitness instructor.
Body Conditioning: Class consists of functional exercises that will increase your strength, speed and endurance. Helps aids to trim fat, increase muscle tone and to perform the activities of daily life more easily.
Island Yoga: This all-level class combines yoga poses on the mat, standing, balancing, twisting and ends in savasana (laying down letting your body absorb the many healing benefits of the poses during class).
Core & Booty Camp: Join us for a special class dedicated to strengthening, tightening and sculpting your abs, core and glutes.
Sunset Yoga: This is an all-level class and is the perfect way to end the day. Vinyasa yoga flow and classic yoga class incorporates postures, breathing, and meditation that come together to harmonize body, mind and spirit.
Zumba™: Party yourself into shape with this Latin and world rhythm inspired dance fitness program. Have fun and build your cardiovascular health!

***Kolohe Jewelry Class:** Create handmade jewelry and take home a piece of paradise. Visit Kolohe at the Shops at 'Alohilani to reserve your spot, available at 10a and 6p daily. These classes are complimentary for resort guest; purchase is necessary for completed merchandise.

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